

Why choose Sport & PE?

This subject offers the opportunity to learn about the human body in a sporting context. The course will enable you, through applied learning, to develop the core specialist knowledge, skills and understanding required in the sport and physical activity sector.

What will I study?

You will learn about body systems and the effects of physical activity; sports coaching and activity leadership; sports organisation and development and how to tailor physical activity for specific groups.

What career and university options can it lead to?

This qualification provides a route onto a sport-related programme such as Sport and Physical Education, Sport Science or Sport Coaching and Development.

