

	Activity	Time	Price	Contact	Telephone	Location
Monday	Pilates	6:00pm—7:00pm	£6 per person	Sharon Mullock	07984 400134	Gymnasium
	Aerobics	7:00pm—8:00pm	£5 per person	Sharon Mullock	07984 400134	Gymnasium
	Higher Heath Badminton Club	8:00pm—10:00pm	£4 per person	Janet Jackson		Sports Hall
Tuesday	Casual Badminton	5:00pm—8:00pm	£8.60 per court	Leisure Centre	01948 660660	Sports Hall
	Ju-Jitsu	7:30pm—8:30pm	Juniors £4 / Seniors £5 (free trial session)	Mark Busby	07838 253742	Gymnasium
	Whitchurch Badminton Club	8:00pm—10:00pm	Juniors £2.50/ Seniors £5 (free trial session)	Neil Humphries	Neilannfay@gmail.com/07813 312492	Sports Hall
	Zenshin	8:30pm—9:30pm	£5 per person	Mark Busby	07838 253742	Gymnasium
	Kickerz Football	5:00pm—7:00pm	£6 per person	Kickerz Coaching	07971 999960	Grass/Sports Hall
Wednesday	Glo —Cheerleading	4:00pm—7:00pm		Gemma Hodgkinson	077791 358844	Gymnasium
	Thai Kick Boxing	7:00pm—8:00pm	£4 per person	Kath Gallimore	07887 733929	Sports Hall
	Table Tennis	8:00pm—9:30pm	£3 per person	Leisure Centre	01948 660660	Gymnasium
	Whitchurch Hockey Training	6:30pm—9:00pm	Juniors and seniors		chair@whitchurchhockeyclub.com	Astro
	Whitchurch Bowman	7:00pm—9:00pm	N/A - application via beginners course	Gary Elliot	info@whitchurchbowmen.org.uk	Grass / Sports hall
Thursday	Ju-jitsu (Juniors)	7:00pm—8pm	Juniors £4 (free trial session)	Mark Busby	07838 253742	Gymnasium
	Ju-jitsu (Seniors)	8:00pm—9:00pm	Seniors £5 (free trial session)	Mark Busby	07838 253742	Gymnasium
	Triathlon	7:00pm—8:00pm		Dave Wilson	07747 797405	Grass
	Whitchurch Cricket Club	7:00pm -9:00pm	Members £1.50/Non Members £2 (free trial session)	James Wodja	07796 096063	Sports Hall
Friday	Glo-tots	9:30am -10:30am	£3 per session	Gemma Hodgkinson	07791 358844	Sports Hall
	Whitchurch Netball	6:00pm—7:00pm	£2 per session (over 16's)	Faye Llowarch	07534 849786	Sports Hall
	Whitchurch Wasps Swimming	6:30pm—7:30pm		Robyn Jameson	07773 854845	Gymnasium
Saturday	Shooting Stars Football	9:00am -10:00am	£2.50	Rob Foster	07989 376799	Sports Hall
	Tae-Kwon-Do	09:45am—12:00pm		Carl Rudolph	07824 364018	Gymnasium
	Whitchurch Hockey Training	10:00am -11:30am	Academy training session	Alex Fry	www.whitchurchhockeyclub.com	Astro
Sunday	Rugbytots	09:00am—11:00am		Tracy Griffiths	0345 313 6705	Sports Hall